

SYLLABUS
Faculty of Science & Arts

Course Code	Course Title		Credits	ECTS Value
PSY 334	THEORIES OF PERSONALITY I		3 (3-0-3)	6
Prerequisite Courses:	None			
Course Language:	English	Course Delivery Mode:	Face to face	
Course Type and Level:	Compulsory/ 3rd Grade/ Spring Term			
Instructor's Title, Name, and Surname		Course Hours	Office Hours	Contact
Ayşe Şenay KOÇ, PhD		Tuesdays 10:00-12:20	Fridays 10:30-12:00	aysesenaykoc@cag.edu.tr
Course Coordinator:				
Course Objectives: This course aims to scientifically examine personality in psychology. It covers basic theoretical explanations of the formation and development of personality, various research and measurement strategies, and current issues in the field. During the course, students will be asked to apply and critically evaluate the theories they have learned. A critical understanding of personality will be provided from different theoretical perspectives, from classical psychoanalytic theory to contemporary interactionist view. Basic assumptions about human nature, research strategies, and application issues necessary for the study of personality will also be discussed.				
Course Learning Outcomes	Upon successful completion of this course, the student will be able to;		Relations	
			Program Outcomes	Net Contribution
	1	Discuss and write in an informed way about influential personality theories and constructs	1, 4, 9, 13	5, 5, 4, 4
	2	Identify meaning and appropriate application of course concepts	1, 4, 11	5, 4, 3
	3	Explain personality-related processes that underlie individual differences in behavior	2, 4, 10	4, 4, 3
	4	Examine seminal and current research studies and describe important findings using an understanding of scientific methodologies common to this field	3, 5, 13	5, 4, 5
	5	Recognize the interaction of situational and individual characteristics on the development of personality	2, 4, 12	4, 4, 4
	6	Apply course concepts to simulated life situations through the analysis of a fictional character	4, 9, 11	5, 4, 4
7	Compare and evaluate major personality theories in terms of their explanatory power, empirical support, and cross-cultural relevance.	9, 12, 14	5, 4, 4	
Course Content:	This course aims to examine a set of theories of personality. Our coverage also will include discussion of the sociohistorical contexts in which the given theory was first developed, and of the people who developed the theories. Our goal is to explore the contemporary scientific field of Personality Psychology. A feature that differentiates Personality Psychology from other efforts (in Philosophy, Religion, Literature, etc.) to understand human nature is that the personality psychologist attempts to develop theories that are grounded in established scientific knowledge and that can be tested empirically, in other words, that can be tested through scientific observation and experimentation.			
Course Schedule (Weekly Plan)				
Week	Topic	Preparation	Teaching Methods and Techniques	

1	Syllabus review/ Introduction to Personality Theory	Read course syllabus; review main themes and objectives of personality psychology.	Interactive lecture, class discussion, Q&A.
2	Perspectives in Theories of Personality	Read introductory chapter on major theoretical perspectives; identify key assumptions of each approach	Brainstorming, group recall activity, guided discussion.
3	Freud: Psychoanalysis I	Read selected sections on Freud's structural and topographical models	Lecture, guided discussion, concept maps
4	Freud: Psychoanalysis II	Review defense mechanisms and psychosexual stages	Peer teaching, small-group discussion, case-based questioning
5	Applications of Psychoanalytic Theory	Read applied examples of psychoanalytic theory in clinical and everyday contexts Quiz 1 (Freud & basic psychoanalytic concepts)	Case analysis, role playing, reflective discussion
6	Adler: Individual Psychology	Read core concepts of Individual Psychology (inferiority, lifestyle, social interest)	Lecture, small-group poster work, class discussion
7	Applications of Individual Psychology	Review Adlerian case illustrations and applied practices Quiz 2 (Adler & applied concepts)	Scenario completion, small-group case analysis, reflective discussion
8	Midterm Exam	-	-
9	Midterm Exam	-	-
10	Jung: Analytical Psychology	Read about collective unconscious, archetypes, and personality types Assignment 1 (Reflection on Psychoanalytic Perspectives) <i>Reflect on how psychoanalytic concepts (Freud or Adler) can help explain everyday behaviors or interpersonal patterns.</i>	Interactive lecture, concept mapping, guided discussion
11	Dynamics of Personality	Review readings on personality structure, motivation, and dynamics Quiz 3 (Jung & personality dynamics)	Problem-solving activity, small-group discussion, mind mapping
12	Klein: Object Relations Theory	Read introductory material on object relations and early development	Lecture, guided discussion, visual concept mapping
13	Later Views on Object Relations	Review later theorists and comparative perspectives Quiz 4 (Object Relations theories)	Student panel, small-group discussion, comparative analysis
14	Horney: Psychoanalytic Social Theory	Read key concepts (basic anxiety, neurotic needs, cultural factors) Assignment 2 (Reflection on Personality and Social Context) <i>Using Horney's theory, reflect on how social and cultural factors may shape personality development and emotional needs.</i>	Lecture, debate, reflective discussion
15	Erikson: Post-Freudian Theory	Review psychosocial stages and identity development	Lecture, scenario analysis, small-group discussion

		Quiz 5 (Erikson)	
16	Fromm: Humanistic Psychoanalysis	Read Fromm's humanistic and socio-cultural approach to personality Assignment 3 (Reflection on Identity and Human Nature) <i>Compare Erikson's or Fromm's view of human nature with your own understanding of personality and identity development.</i>	Lecture, discussion panel, reflective discussion
17	Final Exam	-	-
18	Final Exam	-	-

Course Resources

Textbook:	Feist, J. & Feist G. (2021). <i>Theories of Personality</i> (10th Edition). New York: McGraw-Hill.
Recommended References:	Schultz, D.P., & Schultz, S.E. (2017). <i>Theories of Personality</i> (11th Edition). Cengage Learning. Friedman, H. S., & Schustack, M. W. (2014). <i>Personality: Classic theories and modern research</i> (5th ed.). England: Pearson. Carver, C. S., & Scheier, M. F. (2014). <i>Perspectives on personality</i> (7th ed.). England: Pearson. Cervone, D., & Pervin, L. (2013). <i>Personality: Theory and Research</i> . New York: Wiley and Sons.

Course Assessment and Evaluation

Activities	Number	Percentile	Notes
Midterm Exam	1	20%	A written exam administered in the middle of the semester, designed to measure knowledge and understanding of the topics covered up to that point.
Quiz	5	15%	A short assessment activity consisting of multiple-choice questions.
Assignment	3	15%	Reflective papers on personality theories/theorists covered throughout the semester.
Presentation	-	-	
Portfolio	-	-	
Final	1	50%	A comprehensive exam covering all course topics.

ECTS Table

Content	Number	Hours	Total
Course Duration	14	3	42
Out-of-Class Study	14	5	70
Assignment	3	6	18
Presentation	-	-	-
Quiz	5	4	20
Midterm Exam (Midterm Exam Duration + Midterm Exam Preparation)	1	10	10
Final Exam (Final Exam Duration + Final Exam Preparation)	1	20	20
Total:			180

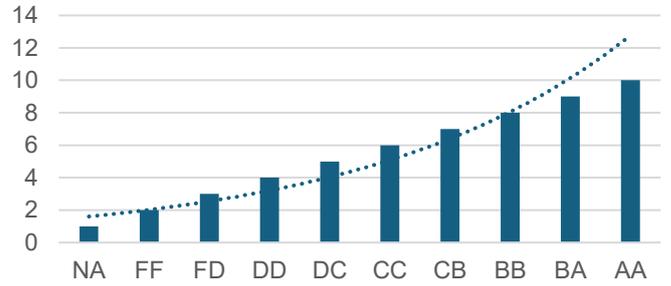
Total / 30:	180÷30=6
ECTS Credit:	6

Past Term Achievements

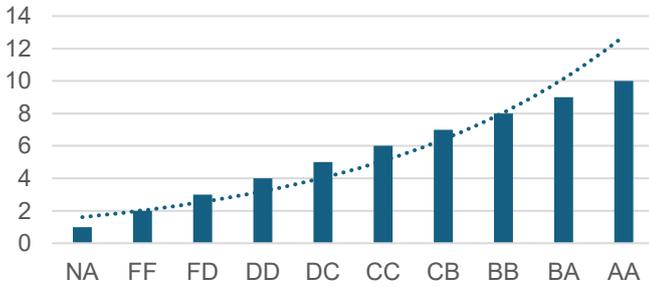
2024-2025 SPRING SEMESTER
PSY 334-THEORIES OF PERSONALITY 1



2024-2025 Spring Semester
 Course Code and Name



2025-2026 Fall Semester
 Course Code and Name



2025-2026 Spring Semester
 Course Code and Name

