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| ***ÇAĞ UNIVERSITY***  ***FACULTY OF ART-SCIENCES***  ***Psychology*** | | | | | | | | | | | | | | | | | | | | | | | |
| **Code** | | | | **Course Title** | | | | | | | | | | | | **Credit** | | | | | **ECTS** | | |
| PSY 348 | | | | Group Counseling | | | | | | | | | | | | (3-0-3) | | | | | 6 | | |
| **Prerequisites** | | | | | | | | **None** | | | | | | | | | | | | | | | |
| **Language of Instruction** | | | | | | | | English | | | | **Mode of Delivery** | | | | | | Face to face | | | | | |
| **Type and Level of Course** | | | | | | | | **Selective/3.Year/Spring Semester** | | | | | | | | | | | | | | | |
| **Lecturers** | | | | | **Name(s)** | | | | | |  | | | | | |  | | | | **Contacts** | | |
| **Course Coordinator** | | | | | Assist. Prof. Dr. Çağrı UTKAN | | | | | | | | | | | |  | | | | cagriutkan@cag.edu.tr | | |
|  | | | | |  | | | | | |  | | | | | |  | | | |  | | |
| **Course Objective** | | | | | This course aims to provide students with knowledge and skills regarding the basic concepts of group counseling, the group process, and the principles and techniques of group counseling. | | | | | | | | | | | | | | | | | | |
| **Learning Outcomes of the Course** | |  | Students who have completed the course successfully should be able to | | | | | | | | | | | | | | | | | **Relationship** | | | |
| Prog. Output | | | **Net Effect** |
| 1 | Explains the basic concepts and principles of the group counseling process. | | | | | | | | | | | | | | | | | 1, 2 | | | **4, 5** |
| 2 | Knows group types and their characteristics. | | | | | | | | | | | | | | | | | 1, 2 | | | **4, 5** |
| 3 | Knows the ways to follow when creating a group. | | | | | | | | | | | | | | | | | 2, 6 | | | **5, 5** |
| 4 | Knows the stages and characteristics of group counseling. | | | | | | | | | | | | | | | | | 2, 6 | | | **5, 5** |
| 5 | Recognizes difficult group members and their characteristics. | | | | | | | | | | | | | | | | | 3, 4 | | | **5** |
| 6 | Explains where and for what purpose basic helping skills will be used in the group counseling process. | | | | | | | | | | | | | | | | | 3, 4 | | | **5** |
| **Course Description:** Within the scope of this course, basic concepts of group counseling, characteristics of counseling groups and group types, ethical principles in group counseling, planning and formation of the group, phases of the group, personal and professional qualities of the group leader, techniques that can be used in group counseling, difficult behaviors in group members. and how to deal with them are explained. | | | | | | | | | | | | | | | | | | | | | | | |
| **Course Contents:( Weekly Lecture Plan )** | | | | | | | | | | | | | | | | | | | | | | | |
| **Weeks** | **Topics** | | | | | | | | | | | | **Preparation** | | | | | | **Teaching Methods** | | | | |
| **1** | Introduction | | | | | | | | | | | | Chapter 1 | | | | | | Lecture Method / Question and Answer | | | | |
| **2** | Initial stage of a group | | | | | | | | | | | | Chapter 6 | | | | | | Lecture Method / Case Study | | | | |
| **3** | Stages of a session | | | | | | | | | | | | Chapter 2 | | | | | | Lecture Method / Case Study | | | | |
| **4** | Using ice breaker activities for beginning | | | | | | | | | | | | Chapter 2 | | | | | | Lecture Method / Role-Playing | | | | |
| **5** | Aplication of ice breaking activities | | | | | | | | | | | | Chapter 2 | | | | | | Drama / Demonstration | | | | |
| **6** | Counseling skills | | | | | | | | | | | | Chapter 4 | | | | | | Lecture Method / Case Study | | | | |
| **7** | Group leadership skills | | | | | | | | | | | | Chapter 4 | | | | | | Lecture Method / Case Study | | | | |
| **8** | Defining the purpose, goals and needs | | | | | | | | | | | | Chapter 5 | | | | | | Lecture Method / Problem Solving | | | | |
| **9** | Various types of groups | | | | | | | | | | | | Chapter 4 | | | | | | Lecture Method | | | | |
| **10** | Forming a group | | | | | | | | | | | | Chapter 5 | | | | | | Lecture Method / Problem Solving | | | | |
| **11** | Group planning | | | | | | | | | | | | Chapter 5 | | | | | | Lecture Method / Question and Answer | | | | |
| **12** | Problem behaviors and difficult group | | | | | | | | | | | | Chapter 7 | | | | | | Lecture Method / Case Study | | | | |
| **13** | Evaluation of the group process | | | | | | | | | | | | Chapter 9 | | | | | | Lecture Method / Question and Answer | | | | |
| **14** | Final stage of a group | | | | | | | | | | | | Chapter 9 | | | | | | Discussion / Question and Answer | | | | |
| **REFERENCES** | | | | | | | | | | | | | | | | | | | | | | | |
| **Textbook** | | | | | | Corey, M. S., Corey, G., & Corey, C. (2018). Groups: Process and practice. Cengage Learning. | | | | | | | | | | | | | | | | | |
| **Recommended Reading** | | | | | | Demir, A. ve Koydemir, S. (2011). Grupla Psikolojik Danışma. Ankara: PegemA Yayıncılık | | | | | | | | | | | | | | | | | |
| **ASSESSMENT METHODS** | | | | | | | | | | | | | | | | | | | | | | | |
| **Activities** | | | | | | | **Number** | | | **Effect** | | | | **Notes** | | | | | | | | | |
| **Midterm Exam** | | | | | | | **1** | | | **40%** | | | | **Test** | | | | | | | | | |
| **Final Exam** | | | | | | | **1** | | | **60%** | | | | **Test** | | | | | | | | | |
| ***Effect of The Activities*** | | | | | | |  | | | **40%** | | | |  | | | | | | | | | |
| ***Effect of The Final Exam*** | | | | | | |  | | | **60%** | | | |  | | | | | | | | | |
| **ECTS TABLE** | | | | | | | | | | | | | | | | | | | | | | | |
| **Contents** | | | | | | | | | **Number** | | | | | | **Hours** | | | | | | | **Total** | |
| **Hours in Classroom** | | | | | | | | | **14** | | | | | | **3** | | | | | | | **42** | |
| **Hours out Classroom** | | | | | | | | | **14** | | | | | | **3** | | | | | | | **42** | |
| **Groupwork** | | | | | | | | | **5** | | | | | | **5** | | | | | | | **25** | |
| **Midterm Exam** | | | | | | | | | **1** | | | | | | **35** | | | | | | | **35** | |
| **Final Exam** | | | | | | | | | **1** | | | | | | **36** | | | | | | | **36** | |
|  | | | | | | | | |  | | | | | |  | | | | | | |  | |
| **Total**  **Total / 30**  **ECTS Credit** | | | | | | | | | | | | | | | | | | | | | | **180** | |
| **=180/30=6** | |
| **6** | |
| **RECENT PERFORMANCE** | | | | | | | | | | | | | | | | | | | | | | | |
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