

SYLLABUS FACULTY OF SCIENCES & ARTS

Course Code	Course Title			edits	ECTS Value
PSY 334	THEORIES OF PERSONALITY 1			5-0-3)	6
Prerequisite Courses:	Yok				
Course Language:	English	Course Delivery Mode: Face to face		ce	
Course Type and Level:	Compulsory/Third Grade/Spring Term				
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Instructor's Title, Name, and Surname **Course Hours Office Hours** Contact aysesenaykoc Tuesdays Wednesdays Ayşe Şenay KOÇ, PhD 13:20-15:20 14:00-16:00 @cag.edu.tr

Course **Coordinator:**

Course Objectives: This course aims to provide students with a comprehensive understanding of the major theories of personality, helping them to critically analyze, compare, and evaluate different perspectives on human nature and behavior. Students will explore the theoretical roots of psychoanalysis, humanism, behaviorism, trait, and social-cognitive approaches, examining both their historical foundations and contemporary relevance. The course also emphasizes reflective engagement with each theory's assumptions about motivation, development, and individuality, encouraging students to apply theoretical insights to research, assessment, and real-world psychological contexts.

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	Upon suc	ccessful completion of this course, the student will be able to;	Program Outcomes	Net Contribution	
	1	Explain the fundamental concepts and assumptions underlying major theories of personality, including psychoanalytic, trait, humanistic, and behavioral approaches.	1, 3, 4, 5, 8	5, 3, 3, 3, 4	
comes	2	Compare and contrast key theories of personality in terms of their views on human motivation, development, and structure.	1, 3, 4, 5, 8	5, 3, 3, 3, 5	
Course Learning Outcomes	3	Evaluate classical and contemporary research that supports or challenges major theoretical perspectives on personality.	1, 3, 4, 5, 8	4, 3, 3, 4, 5	
e Learni	4	Apply personality theories to analyze individual differences in real-life or case-based contexts.	1, 3, 4, 5, 8	4, 4, 5, 3, 4	
Course	5	Identify how personality theories have influenced psychological assessment and intervention practices.	1, 3, 4, 5, 8	4, 3, 5, 3, 4	
	6	Integrate knowledge from related subfields (e.g., social psychology, clinical psychology, neuroscience) to interpret personality development.	1, 3, 4, 5, 8	5, 3, 4, 4, 5	
	7	Develop reflective insights into their own personality structure and growth, linking theoretical understanding with personal and professional self-awareness.	1, 3, 4, 5, 8	3, 5, 4, 3, 5	
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contemporary perspectives, students will examine the assumptions, concepts, and empirical bases of psychoanalytic, trait, humanistic, biological, and learning theories. Emphasis is placed on understanding how these theoretical models interpret personality structure, development, and change, and how they can be applied to clinical, organizational, and everyday contexts. Students will also learn to compare and integrate diverse theoretical viewpoints to develop a more holistic understanding of personality.

Course Schedule (Weekly Plan)

Week	Topic	Preparation	Teaching Methods and Techniques	
1	Introduction to the Study of Personality: Definitions, Scope, and Theoretical Perspectives	Review course syllabus and introductory chapter on personality psychology	Lecture, class discussion, orientation session	
2	Historical Foundations of Personality Theory: Philosophical Roots and Early Thinkers	Read introductory section on historical views of human nature (Plato to Freud)	Lecture, guided discussion	
3	Psychoanalytic Theory: Freud's Structural and Topographical Models of the Mind	Read assigned chapter on Freud's concepts of id, ego, and superego. (Quiz 1)	Lecture, concept mapping, illustrative case discussion	
4	Freud: Psychoanalysis	Examination of Freud's works.	Lecture, case study analysis, group work	
5	Applications of Psychoanalytic Theory	Review examples of dream analysis and defense mechanisms (Quiz 2)	Lecture, film excerpt analysis, small group reflection	
6	Adler: Individual Psychology	Read Adler's concepts of inferiority, compensation, and social interest	Lecture, pair discussion, applied activity	
7	Applications of Individual Psychology	Review case examples focusing on lifestyle and birth order (Assignment 1)	Lecture, case study discussion, interactive reflection	
8	Midterm Exam			
9	Midterm Exam			
10	Jung: Analytical Psychology	Read Jung's concepts of archetypes, collective unconscious, and individuation (Quiz 3)	Lecture, guided discussion, symbolic interpretation exercise	
11	Dynamics of Personality	Review core motivational processes and personality dynamics across theories	Lecture, synthesis discussion, in-class brainstorming	
12	Klein: Object Relations Theory	Read Klein's ideas on internal objects and early childhood relationships	Lecture, diagram-based explanation, case example	
13	Later Views on Object Relations	Review Winnicott and Fairbairn's extensions of object relations theory (Quiz 4)	Lecture, comparative discussion, class commentary	



14	Horney: Psychoanalytic S Theory	Social	Read Horney's anxiety and neu	concept of basic urotic trends Lecture, text analysis, group dialogue		-
15	Erikson: Post-Freudian Theory		Review Erikson's eight stages of psychosocial development (Quiz 5)		Lecture, life-span analysis, group presentation	
Fromm: Humanistic 16 Psychoanalysis		Read Fromm's views on freedom, love, and productive orientation (Assignment 2)		Lecture, critical discussion, integrative reflection		
17	Final Exam					
18	Final Exam					
		C	ourse Resourc	es		
Textbo	ok:	Feist, J. & I York: McGı	` '	Theories of Persona	lity (10th Ed	dition). New
Recommended References: Schultz, D Edition). C Friedman, and mode. Carver, C. ed.). Engla Cervone, I			D.P., & Schultz, S.E. (2017). <i>Theories of Personality</i> (11th Cengage Learning. A, H. S., & Schustack, M. W. (2014). <i>Personality: Classic theories ern research</i> (5th ed.). England: Pearson. C. S., & Scheier, M. F. (2014). <i>Perspectives on personality</i> (7th land: Pearson. D., & Pervin, L. (2013). <i>Personality: Theory and Research</i> . New ey and Sons.			
			ssessment and	Evaluation		
	Activities	Number	Percentile		Notes	
Midterm Exam 1		20%	A written exam administered in the middle of the semester, designed to measure knowledge and understanding of the topics covered up to that point.			
Pop Qu	iiz	5	15%	A short assessment activity consisting of multiple-choice questions.		
Assignment		2	15%	A short-written assignment in which the student reflects on experiences, concepts, and personal views gained during the course with a critical perspective.		
Present	tation					
Portfolio						
Final 1		50%	A comprehensive exam covering all course topics.			
ECTS Table						
Content			Number	Hours		Total
Course Duration		14	3		42	
Out-of-Class Study		14	3		42	
Assignment		2	10		20	
Pop Quiz		5	4		20	
Project						
Midterm Exam (Midterm Exam Duration + Midterm Exam Preparation)		1	20		20	



Final Exam (Final Exam Duration + Final Exam Preparation)	1	30	30
		Total:	174
Total / 30:			174÷30=5,8≈6
		ECTS Credit:	6



Past Term Achievements







