

COURSE SYLLABUS
Vocational School

Course Code		Course Name		Credit	ECTS Value	
ÇGP 223		Child Mental Health		(3-0-3)	6	
Prerequisite Courses:		None				
Language of Instruction:		Turkish	Teaching Style:		Face-to-face	
Course Type and Level:		Compulsory / Autumn Term / Undergraduate				
Instructor's Title, First Name, and Last Name			Course Time	Office Hours		Contact
Lecturer Emine SARAÇ			3	Monday 13:30-15:30		eminesarac@cag.edu.tr
Course Coordinator:		Lecturer Emine SARAÇ				
Course Objective						
Course Learning Outcomes	Upon successful completion of this course, the student will be able to:				Relationships	
					Programme Outcomes	Net Contribution
	1	Be able to explain the basic concepts and theories related to mental health.			5	5
	2	Be able to explain the basic theories related to mental health.			5.7	5.4
	3	Can assess the factors affecting children's mental health.			5.7	5.4
	4	Will be able to identify behavioural disorders that may be observed throughout childhood.			5.7	5.4
	5	It will be able to identify the biological and environmental factors affecting child mental health.			5.7	4
	6	Be able to assess special circumstances within the family.			5.7	4
	7	Can identify defence mechanisms in the early childhood period.			5	5
Course Content:		This course aims to enable students to: Taking into account that children are constantly developing and changing individuals, the Child Mental Health course aims to contribute to their understanding of themselves and their environment, their healthy development, and their ability to establish positive communication with their family and environment by understanding their developmental characteristics for mental health. Students will learn about measures that can be taken to ensure children's self-confidence and protect their mental health.				
Course Content: (Weekly Lesson Plan)						
Week	Topic		Preparation		Teaching Methods and Techniques	
1	Introduction, sharing expectations about the course		Getting to know the students, gathering information about their expectations for the course, providing information about how the course will be conducted		Lecture, discussion	
2	Mental Health and Child Mental Health		Prof. Dr. Abide GÜNGÖR AYTAZ, <i>Child Mental Health</i> , Chapter 1 will be read. Taking notes on key concepts in the chapter read in the textbook		Discussion, Brainstorming	

3	Factors Affecting Child Mental Health	Prof. Dr. Abide GÜNGÖR AYTAR, <i>Child Mental Health</i>, Chapter 2 will be read. Students will read Chapter 2 of the textbook and think of examples from their own lives.	Discussion panels, presentation
4	Attachment	Reading an article on attachment and bringing it to class	Sharing the articles read
5	Attachment Disorders	Prof. Dr. Abide GÜNGÖR AYTAR, <i>Child Mental Health</i>, Chapter 3 will be read. Students will reflect on attachment disorders and create examples.	Group activity (students will be divided into groups of 5 and write a case study on attachment disorders), student panel (groups will share their case studies with the class)
6	Adjustment and Behavioural Problems Observed in Children	Prof. Dr. Abide GÜNGÖR AYTAR, <i>Child Mental Health</i> , Chapter 4 will be read.	Presentation, discussion panels
7	Mental Health Issues in Childhood	Prof. Dr. Abide GÜNGÖR AYTAR, <i>Child Mental Health</i> , Chapter 5 will be read.	Presentation, discussion panels
8	Midterm Exam		
9	Midterm Exam		
10	Special Situations in Child Mental Health	Prof. Dr. Abide GÜNGÖR AYTAR, <i>Child Mental Health</i> , Chapter 6 will be read.	Presentation, discussion
11	Child Abuse and Neglect	A media report on the relevant topic will be found and evaluated.	Forum discussion, sharing of relevant news articles
12	Childhood Period Emotional and Behavioural Problems	Prof. Dr. Abide GÜNGÖR AYTAR, <i>Child Mental Health</i>, Chapter 8 will be read. Noting down key concepts from the chapter read	Brainstorming, student panel (sharing notes)
13	Understanding and Assessing Children	Prof. Dr. Abide GÜNGÖR AYTAR,	Presentation, discussion panel

		<i>Child Mental Health</i> , Chapter 9 will be read.	
14	Child and Family Relationships	Relevant articles will be searched and sample articles will be examined.	Presentation panel, article sharing

15	Defence Mechanisms in Early Childhood	Prof. Dr. Abide GÜNGÖR AYTAR, <i>Child Mental Health</i> , Chapter 13 will be read.	Presentation, discussion
16	Seminar on Gender Equality within the framework of Sustainable Development Goals	Students prepare at least 2 questions to ask the educator	Question-and-answer session, reflective discussion
17	Final Exam		
18	Final Exam		

Course Resources

Textbook:	Child Mental Health Edited by: Prof. Dr. Abide GÜNGÖR AYTAR (Hedef Publishing)
Recommended Resources:	

Course Assessment and Evaluation

Activities	Number	Contribution	Notes
Midterm Exam	1	40	Written exam
Final	1	60	Comprehensive written exam

ECTS Table

Content	Number	Hours	Total
Course duration	14	3	42
Out-of-class work	14	3	42
Homework	1	10	10
Presentation	1	8	8
Participation / In-Process Activities	14	2	28
Midterm Exam (Midterm Exam Duration + Midterm Exam Preparation)	1	16	16
Final Exam (Final Exam Duration + Final Exam Preparation)	1	20	20
Total:			166
Total / 30:			$166 \div 30 \approx 5.53 \approx 6$
ECTS Credit:			6

Past Term Achievements

