

SYLLABUS
Institute of Social Sciences

Course Code	Course Title		Credits	ECTS Value
PSİ 533	Close Relationships: Psychological Dynamics and Relationship Processes		(3-0-3)	8
Prerequisite Courses:	None			
Course Language:	Turkish	Course Delivery Mode:	Face-to-face	
Course Type and Level:	Master/Fall Semester			
Instructor's Title, Name, and Surname		Course Hours	Office Hours	Contact
Asst. Prof. Dr. Sena Doğruyol		Friday 19:30-22:30	Monday 13:20-15:30	senadogruyol@cag.edu.tr
Course Coordinator:	Asst. Prof. Dr. Sena Doğruyol			
Course Objectives				
Course Learning Outcomes	Upon successful completion of this course, the student will be able to;		Relations	
			Program Outcomes	Net Contribution
	1	explain the psychological foundations of close social bonds and attachment theory.	2,4	5,5
	2	define the cognitive and emotional dimensions of forgiveness processes and evaluate their impact on relationships.	2,1	5,5
	3	analyze the role of emotion regulation mechanisms in social relationships.	1,4	5,5
	4	comprehend the psychological manifestations of conflict dynamics in relationships and compare different conflict resolution strategies.	1,9	4,4
	5	critically review and interpret current national and international research findings.	3	5
	6	apply theoretical knowledge to practical examples of relationship dynamics and develop solution-oriented approaches.	5,6	5,4
7	interpret psychological ethical principles within the context of close relationships and formulate behavior models consistent with these principles.	7,8	5,4	
Course Content:	In this course, the emotional and behavioral processes individuals experience in close relationships will be examined from both theoretical and empirical perspectives, supported by current research. The aim of the course is to understand the psychological foundations of romantic relationships, friendships, family relationships, and other close social bonds. Students will explore topics such as attachment theory, love, forgiveness, emotion regulation, and separation at both theoretical and applied levels.			
Course Schedule (Weekly Plan)				
Week	Topic	Preparation	Teaching Methods and Techniques	
1	Introduction and Course Procedures	Course plan, procedures, and textbook information	Expectation sharing, Q\&A	
2	Introduction: Psychological Importance and Basic Concepts of Close Relationships	Concept notes, research articles	Lecture, concept mapping, discussion	
3	The Nature and Functions of Close Relationships	Case examples, flowcharts	Presentation, group discussions	
4	Attachment Theory and Attachment Styles	Theoretical summaries, case studies	Lecture, case analysis, concept mapping	

5	Effects of Attachment Styles on Adult Relationships	Research articles, comparison tables	Article review, discussion, critical analysis
6	The Psychology of Love: Types and Development of Love	Pre-reading materials, case examples	Lecture, group discussion, article review
7	Communication in Relationships: Verbal and Nonverbal Forms	Role-play scenarios, communication examples	Role-playing, case analysis
8	Midterm Exam		Group work, case analysis
9	Friendship and Social Support Systems	Case studies, social support examples	Role-playing, discussion, problem-solving activities
10	Conflict Dynamics and Resolution Strategies	Conflict scenarios, resolution methods	Article discussion, case analysis
11	Trust and Loyalty in Close Relationships	Research articles, case studies	Case discussions, article review, critical evaluation
12	Manipulation and Relationship Termination Behaviors in Close Relationships: Gaslighting and Ghosting	Current articles, case examples	Group projects, discussion, presentation
13	Separation, Divorce, and the Processes of Relationship Dissolution	Case analyses, research questions	Group projects, discussion, presentation
14	Forgiveness Processes and Reconciliation in Relationships	Pre-reading materials, case studies	Presentations and general discussion
15	Course Review	General review and Q\&A, discussion	Icebreaker activities, expectation sharing, Q\&A
16	Final Exam		

Course Resources

Textbook:

Recommended References:

Course Assessment and Evaluation

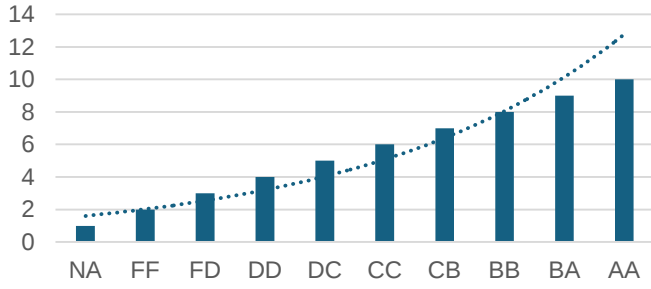
Activities	Number	Percentile	Notes
Midterm Exam (Assignment)	1	30%	Assignment – Review and reporting of the review article
Evaluation Reports	10	30%	Self-evaluation reports of in-class article reviews
Final	1	%40	Final exam

ECTS Table

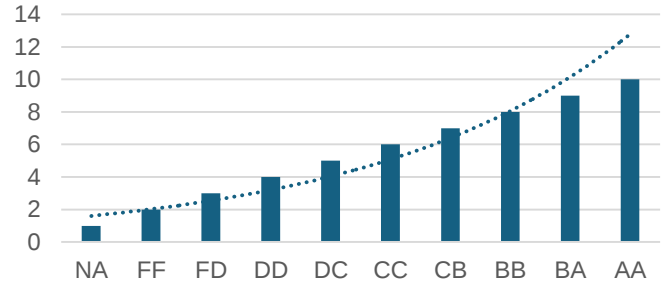
Content	Number	Hours	Total
Course Duration	14	3	42
Out-of-Class Study	14	3	42
Assignment	10	12	120
Midterm Exam (Midterm Exam Duration + Midterm Exam Preparation)	1	16	16
Final Exam (Final Exam Duration + Final Exam Preparation)	1	20	20
Total:			240
Total / 30:			240/30≈8,0≈8
ECTS Credit:			8

Past Term Achievements

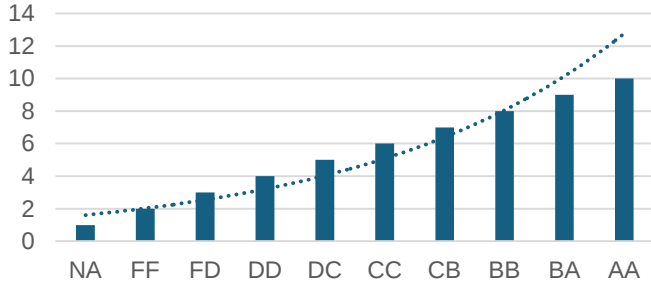
2024-2025 Fall Semester
Course Code and Name



2024-2025 Spring Semester
Course Code and Name



2025-2026 Fall Semester
Course Code and Name



2025-2026 Spring Semester
Course Code and Name

