

COURSE SYLLABUS
Vocational School

Course Code	Course Title		Credit	ECTS Value	
PSY 105	Introduction to Psychology		(3-0-3)	6	
Prerequisite Courses:	None				
Language of Instruction:	Turkish	Course Delivery Method:	Face-to-face		
Course Type and Level:	Compulsory / Autumn Term / Undergraduate				
Instructor's Title, First Name, and Last Name		Course Time	Office Hours		Contact
Lecturer Emine SARAÇ		3	Monday 13:30-15:30		eminesarac@cag.edu.tr
Course Coordinator:	Lecturer Emine SARAÇ				
Course Objective					
Course Learning Outcomes	Upon successful completion of this course, the student will be able to:			Relationships	
				Programme Outcomes	Net Contribution
	1	Possess fundamental and up-to-date theoretical knowledge in the field of psychology.	1,6,8	4,5,5	
	2	They will be able to interpret research methods related to behaviour and the results of such research.	7,9	5	
	3	Can explain the scientific methods used in the study of behavioural and mental processes and provide examples from various studies conducted in the field of psychology.	5,6	4,5	
	4	Can explain psychology as a science related to human behaviour and mental processes.	3,7	4,5	
	5	They will be able to apply the topics covered in the course to their own lives.	1	4	
Course Content:	This course aims to provide students with a general and comprehensive introduction to the discipline of psychology. It introduces psychology as an empirical science. It discusses the biological and evolutionary basis of behaviour. It examines fundamental psychological processes such as motivation, emotions, learning, development, and social behaviour. By the end of the course, students are expected to have developed an understanding of the main concepts and theories of psychology, as well as the scientific study of mental and behavioural processes.				
Course Contents: (Weekly Lesson Plan)					
Week	Topic		Preparation		Teaching Methods and Techniques
1	Introduction, sharing expectations about the course		Getting to know the students, gathering information about their expectations for the course, providing information about how the course will be conducted		Lecture, discussion
2	Definition of Psychology		Students will conduct research on mental health and psychology.		Discussion panel, presentation

3	Basic Concepts of Psychology	<p>The book Introduction to Psychology (Clifford T. MORGAN) Chapter 2 will be read</p> <p>Students will read Chapter 2 of the textbook.</p>	Presentation and sharing of presentations.
4	Research Methods in Psychology	Reading on research methods will be conducted.	Presentation based on a sample research study.
5	Neuroscience (Neurology) and Behaviour	The book Introduction to Psychology (Clifford T. MORGAN) Chapter 4 will be read.	Presentation and sharing of the presentation.
6	Sensation and Perception	Research on the relevant topic	YouTube via experiment videos, discussion panel
7	Perception and Cognition	Research on the relevant topic	Presentation, student panel (sharing of research findings by students)
8	Midterm Exam		
9	Midterm Exam		
10	Consciousness and States of Consciousness	The book Introduction to Psychology (Clifford T. MORGAN) Chapter 6 will be read.	Presentation, discussion
11	Learning	Relevant articles will be searched for and sample articles will be examined.	Presentation panel, article sharing
12	Memory	Research will be conducted on the relevant topic and notes will be taken from the research.	Brainstorming, student panel (sharing notes)
13	Cognition and Intelligence	<p>The book Introduction to Psychology (Clifford T. MORGAN) Chapter 7 will be read.</p> <p>Notes will be taken from the read chapter.</p>	Presentation, discussion panel

14	Personality	Students will conduct research on personality and analyse their own personalities.	Presentation panel, student panel (sharing of analyses)
15	Personality Disorders	An article on Personality Disorders will be read.	Presentation panel, article sharing
16	Social Gender Seminar within the scope of Sustainable Development Goals	Students prepare at least 2 questions to ask the educator	Question-and-answer session, reflective discussion
17	Final Exam		
18	Final Exam		

Course Resources

Textbook:

 Introduction to Psychology, Clifford T. MORGAN, *Education Publications*
Recommended Resources:

Course Assessment and Evaluation

Activities	Number	Contribution	Notes
Midterm Exam	1	40	Written exam
Final	1	60	Comprehensive written exam

ECTS Table

Content	Number	Hours	Total
Course duration	14	3	42
Out-of-class work	14	3	42
Homework	1	10	10
Presentation	1	8	8
Participation / In-Process Activities	14	2	28
Midterm Exam (Midterm Exam Duration + Midterm Exam Preparation)	1	16	16
Final Exam (Final Exam Duration + Final Exam Preparation)	1	20	20
Total:			166
Total / 30:			$166 \div 30 \approx 5.53 \approx 6$
ECTS Credit:			6

2024-2025 Autumn Semester PSY105
Introduction to Psychology

