

SYLLABUS
Faculty of Art and Science

Course Code	Course Title		Credits	ECTS Value
PSY 348	Theories And Techniques Of Group Counseling		(3-0-3)	6
Prerequisite Courses:	None			
Course Language:	English	Course Delivery Mode:	Face to face	
Course Type and Level:	Selective/3.Year/Fall Semester			
Instructor's Title, Name, and Surname		Course Hours	Office Hours	Contact
Assist. Prof. Dr. Çağrı UTKAN		3		cagriutkan@cag.edu.tr
Course Coordinator:	Assist. Prof. Dr. Çağrı UTKAN			
Course Objectives				
Course Learning Outcomes	Upon successful completion of this course, the student will be able to;		Relations	
			Program Outcomes	Net Contribution
	1	Explains the basic concepts and principles of the group counseling process.	1, 2	4, 5
	2	Knows group types and their characteristics.	1, 2	4, 5
	3	Knows the ways to follow when creating a group.	2, 6	5, 5
	4	Knows the stages and characteristics of group counseling.	2, 6	5, 5
	5	Recognizes difficult group members and their characteristics.	3, 4	5
	6	Explains where and for what purpose basic helping skills will be used in the group counseling process.	3, 4	5
7				
Course Content:		This course aims to provide students with knowledge and skills regarding the basic concepts of group counseling, the group process, and the principles and techniques of group counseling.		
		Within the scope of this course, basic concepts of group counseling, characteristics of counseling groups and group types, ethical principles in group counseling, planning and formation of the group, phases of the group, personal and professional qualities of the group leader, techniques that can be used in group counseling, difficult behaviors in group members. and how to deal with them are explained.		
Course Schedule (Weekly Plan)				
Week	Topic		Preparation	Teaching Methods and Techniques
1	Introduction		Chapter 1	Lecture Method / Question and Answer
2	Initial stage of a group		Chapter 6	Lecture Method / Case Study
3	Stages of a session		Chapter 2	Lecture Method / Case Study
4	Using ice breaker activities for beginning		Chapter 2	Lecture Method / Role-Playing
5	Aplication of ice breaking activities		Chapter 2	Drama / Demonstration

6	Counseling skills	Chapter 4	Lecture Method / Case Study
7	Group leadership skills	Chapter 4	Lecture Method / Case Study
8	Midterm Exam		
9	Midterm Exam		
10	Defining the purpose, goals and needs	Chapter 5	Lecture Method / Problem Solving
11	Various types of groups	Chapter 4	Lecture Method
12	Forming a group	Chapter 5	Lecture Method / Problem Solving
13	Group planning	Chapter 5	Lecture Method / Question and Answer
14	Problem behaviors and difficult group	Chapter 7	Lecture Method / Case Study
15	Evaluation of the group process	Chapter 9	Lecture Method / Question and Answer
16	Final stage of a group	Chapter 9	Discussion / Question and Answer
17	Final Exam		
18	Final Exam		

Course Resources

Textbook:	Corey, M. S., Corey, G., & Corey, C. (2018). Groups: Process and practice. Cengage Learning.
Recommended References:	Demir, A. ve Koydemir, S. (2011). Grupla Psikolojik Danışma. Ankara: PegemA Yayıncılık

Course Assessment and Evaluation

Activities	Number	Percentile	Notes
Midterm Exam	1	40%	Test
Project	-	-	
Group work	1	0%	
Presentation	-	-	
Portfolio	-	-	
Final	1	60%	Test

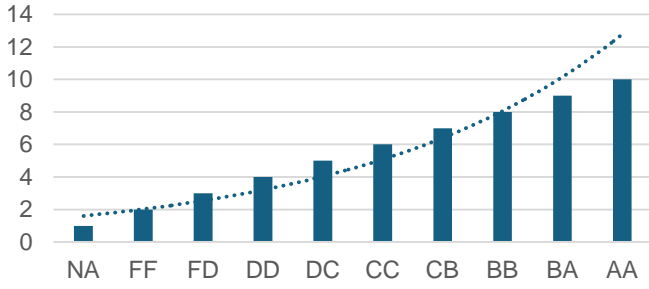
ECTS Table

Content	Number	Hours	Total
Course Duration	14	3	42
Out-of-Class Study	14	3	42
Group work	5	5	25
Presentation	-	-	-
Project	-	-	-
Midterm Exam (Midterm Exam Duration + Midterm Exam Preparation)	1	35	35
Final Exam (Final Exam Duration + Final Exam Preparation)	1	36	36
Total:			180
Total / 30:			180/30=6

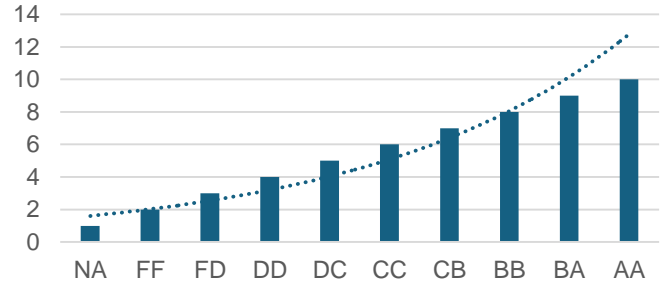


Past Term Achievements

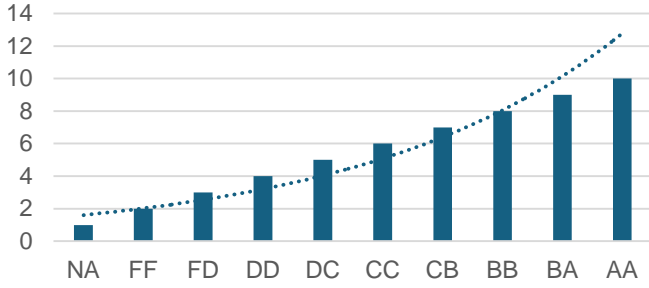
2024-2025 Fall Semester
Course Code and Name



2024-2025 Spring Semester
Course Code and Name



2025-2026 Fall Semester
Course Code and Name



2025-2026 Spring Semester
Course Code and Name

