

SYLLABUS
FACULTY of ARTS & SCIENCES

Course Code	Course Title		Credits	ECTS Value
PSY 445	THEORIES of PERSONALITY II		3-0-3	6
Prerequisite Courses:	None			
Course Language:	English	Course Delivery Mode:	Face to face	
Course Type and Level:	Compulsory/4th Grade/FALL TERM			
Instructor's Title, Name, and Surname		Course Hours	Office Hours	Contact
Ayşe Şenay KOÇ, PhD		Wednesdays 10:00- 12:20	Wednesdays 14:00-16:00	aysesenaykoc @cag.edu.tr
Course Coordinator:	---			
Course Objectives: This course aims to scientifically examine personality in psychology. It covers basic theoretical explanations of the formation and development of personality, various research and measurement strategies, and current issues in the field. During the course, students will be asked to apply and critically evaluate the theories they have learned. A critical understanding of personality will be provided from different theoretical perspectives, from classical psychoanalytic theory to contemporary interactionist view. Basic assumptions about human nature, research strategies, and application issues necessary for the study of personality will also be discussed.				
Course Learning Outcomes	Upon successful completion of this course, the student will be able to;		Relations	
			Program Outcomes	Net Contribution
	1	Discuss and write in an informed and critical way about influential personality theories and constructs.	1, 8	5, 5
	2	Identify the meaning and appropriate application of key course concepts related to personality.	1, 4	4, 4
	3	Explain personality-related processes that underlie individual differences in behavior.	1, 3	4, 5
	4	Examine seminal and contemporary research studies and describe significant findings using an understanding of scientific methodologies in personality psychology.	1, 8	4, 5
	5	Recognize the interaction between situational and individual characteristics in the development and expression of personality.	1, 3	4, 5
	6	Apply theoretical concepts to simulated or real-life situations through the psychological analysis of a fictional or biographical character.	3, 4	4, 5
	7	Compare and evaluate major personality theories in terms of their explanatory power, empirical support, and cross-cultural relevance.	1, 8	5, 5
Course Content:	This course aims to examine a set of theories of personality. Our coverage also will include discussion of the sociohistorical contexts in which the given theory was first developed, and of the people who developed the theories. Our goal is to explore the contemporary scientific field of Personality Psychology. A feature that differentiates Personality Psychology from other efforts (in Philosophy, Religion, Literature, etc.) to understand human nature is that the personality psychologist attempts to develop theories that are grounded in established scientific knowledge and that can be tested empirically, in other words, that can be tested through scientific observation and experimentation.			
Course Schedule (Weekly Plan)				
Week	Topic	Preparation		Teaching Methods and Techniques
1	Syllabus review/ Introduction to Personality Theory	Read course syllabus; review main themes and objectives of personality psychology.		Interactive lecture, class discussion, Q&A.

2	General Review of the Theories of Personality I Course	Review notes and key theorists from Personality I (Freud, Jung, Adler, Horney, etc.).	Brainstorming, group recall activity, guided discussion.
3	Maslow: Holistic-Dynamic Theory	Read textbook chapter on Maslow; reflect on personal growth and motivation.	Lecture, reflective writing, small group analysis.
4	Rogers: Person-Centered Theory	Read about Rogers' concepts of self, unconditional positive regard, and congruence. (Quiz 1)	Class debate, concept mapping.
5	May: Existential Psychology	Review May's writings on freedom, anxiety, and meaning.	Socratic dialogue, critical discussion.
6	Allport: Psychology of the Individual	Read Allport's trait theory; identify examples of central and secondary traits. (Quiz 2)	Case study analysis, lecture, interactive quiz
7	McCrae and Costa's Five-Factor Trait Theory	Review Big Five dimensions and related research findings.	Lecture with visuals, group data interpretation. short quiz.
8	Midterm Exam	---	---
9	Midterm Exam	---	---
10	Eysenck's Biologically Based Factor Theory	Read about Eysenck's PEN model and biological bases of traits.	Mini-lecture, class discussion, diagram creation.
11	Buss: Evolutionary Theory of Personality	Read articles linking personality with evolution and adaptation. (Quiz 3)	Lecture, small group presentations, critical discussion.
12	Skinner: Behavioral Analysis	Review reinforcement principles and behavioral modification.	Demonstration, class experiment, applied discussion.
13	Bandura: Social Cognitive Theory	Read about reciprocal determinism and self-efficacy. (Quiz 4)	Case study, group reflection.
14	Rotter and Mischel: Cognitive Social Learning Theory	Compare locus of control and delay of gratification concepts.	Interactive lecture, pair analysis, mini-case exercises.
15	Kelly: Psychology of Personal Constructs	Read about personal construct theory and repertory grid technique. (Quiz 5)	Lecture, group exercise.
16	General Revision of The Personality Theories	Review all theorists; prepare for integrative discussion.	Concept mapping, summary presentations, quiz game.
17	Final Exam	---	---
18	Final Exam	---	---

Course Resources

Textbook:	Feist, J. & Feist G. (2021). <i>Theories of Personality</i> (10th Edition). New York: McGraw-Hill.
Recommended References:	Schultz, D.P., & Schultz, S.E. (2017). <i>Theories of Personality</i> (11th Edition). Cengage Learning. Friedman, H. S., & Schustack, M. W. (2014). <i>Personality: Classic theories and modern research</i> (5th ed.). England: Pearson. Carver, C. S., & Scheier, M. F. (2014). <i>Perspectives on personality</i> (7th ed.). England: Pearson. Cervone, D., & Pervin, L. (2013). <i>Personality: Theory and Research</i> . New York: Wiley and Sons.

Course Assessment and Evaluation

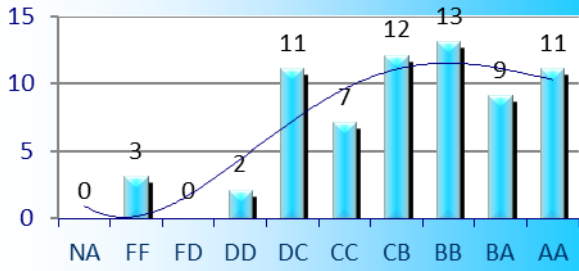
Activities	Number	Percentile	Notes
Midterm Exam	1	25%	A written exam administered in the middle of the semester, designed to measure knowledge and understanding of the topics covered up to that point.
Quiz	5	25%	A short assessment activity consisting of multiple-choice questions.
Assignment	---	---	---
Presentation	---	---	---
Portfolio	---	---	---
Final	1	50%	A comprehensive exam covering all course topics.

ECTS Table

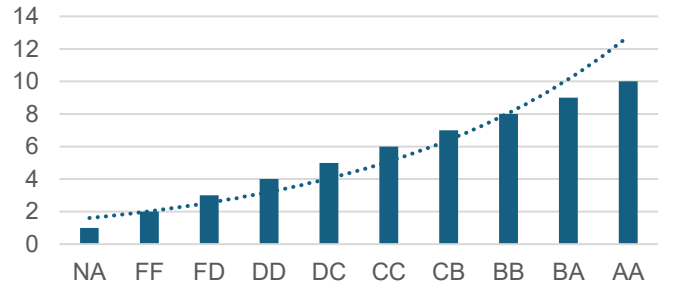
Content	Number	Hours	Total
Course Duration	14	3	42
Out-of-Class Study	14	5	70
Assignment	---	---	---
Presentation	---	---	---
Quiz	5	6	30
Midterm Exam (Midterm Exam Duration + Midterm Exam Preparation)	1	10	10
Final Exam (Final Exam Duration + Final Exam Preparation)	1	20	20
Total:			172
Total / 30:			172÷30=5,7≈6
ECTS Credit:			6

Past Term Achievements

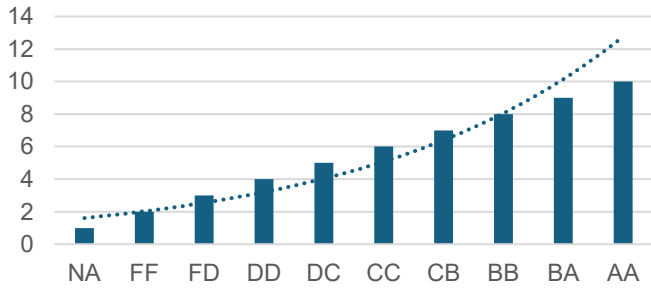
**2024-2025 FALL SEMESTER
PSY 445- THEORIES of PERSONALITY II**



**2024-2025 Spring Semester
Course Code and Name**



**2025-2026 Fall Semester
Course Code and Name**



**2025-2026 Spring Semester
Course Code and Name**

