

ÇAĞ ÜNİVERSİTESİ Faculty of Art and Sciences Psychology Department				
Code	Course Title		Credit	ECTS
PSY 326	Close Relationships		(3-0)3	6
Language of Instruction		English	Mode of Delivert Face to face	
Type and Level of Course		Elective/3 rd Year/Spring Term		
Lecturers	Name(s)	Lecture Hours	Office Hours	Contacts
Course Coordinator	Assist. Prof. Dr. Sena Doğruyol			senadogruyol@cag.edu.tr
Course Objective:	This course focuses on the basic concepts of close relationships and the effects of close relationships on the individual's life. Parent, caregiver, partner and peer relationships are discussed within the scope of the course and it is aimed to explain the concepts in the theoretical framework..			
Learning Outcomes of the Course:	Students who have completed the course successfully should be able to;		Relationship	
			Prog. Outpur	Net Effect
	1	Comprehend the definitions of close relationships.	1, 2	4, 5
	2	Recognize attachment styles in close relationships.	1, 2	4, 5
	3	Understand the problems in close relationships .	2, 6	5, 5
4	Recognize the basic dynamics in close relationships.	2, 6	5, 5	
Course Content: Within the scope of this course, basic concepts of group counseling, characteristics of counseling groups and group types, ethical principles in group counseling, planning and forming the group, phases of the group, personal and professional qualities of the group leader, techniques that can be used in group counseling, difficult behaviors in group members and coping with them are explained.				
Course Contents (Weekly Lecture Plan)				
Weeks	Topics		Preparation	Teaching Methods
1.	Introduction and Course Description		-	Presentation & Q&A
2.	Why Do We Need to Build Relationships?		Chapter 6	Presentation & Lecture
3.	Communication and Relationship Maintenance		Chapter 2	Presentation & Interactive Discussion
4.	Interpersonal Communication and Communication Barriers		Chapter 2	Presentation & Interactive Discussion
5.	Parent-Child Relationship		Chapter 4	Presentation & Interactive Discussion
6.	Friendship Relationships		Chapter 5	Presentation & Interactive Discussion
7.	Dating Violence - Manipulation in Romantic Relationships			Presentation & Interactive Discussion
8.	Conflict		Chapter 4	Presentation & Interactive Discussion
9.	Midterm Exam			
10.	Midterm Exam			
11.	Termination of Relationship and Separation		Chapter 7	Presentation & Case Analysis
12.	Interpersonal Forgiveness		Chapter 9	Presentation & Case Analysis
13.	End of Term Evaluation			Presentation & Q&A
14.	End of Term Evaluation			Presentation & Q&A
15.	Final Exam			
REFERENCES				
Main Book	Hendrick, S. S. (2009). Understanding Close Relationships.			
Suggested Readings	Bilen, M. (2009). Sağlıklı insan ilişkileri (7. Baskı). Anı Yayıncılık. Cihangir-Çankaya, Z. (2015). Kişilerarası iletişimde dinleme becerisi (3. Baskı). Nobel Akademik Yayıncılık. Hendrick, C. (Ed) (1989). Close relationships. California: Sage Publication.			

ASSESSMENT METHODS			
Activities	Number	Effect	Notes
Midterm Exam	1	40%	Test
Final Exam	1	60%	Test
ECTS TABLE			
Contents	Number	Hours	Total
Hours in Classroom	14	3	42
Hours out Classroom	14	3	42
Implementation	5	5	25
Midterm Exam	1	35	35
Final Exam	1	36	36
Total			180
Total / 30 ECTS Credit			180/30 = 6
			6
RECENT PERFORMANCE			