

**SYLLABUS**  
**Institute of Social Sciences**

Course Code	Course Title		Credits	ECTS Value
PSI 305	Fundamental Theories In Psychology		(3-0-3)	8
Prerequisite Courses:	None			
Course Language:	Turkish	Course Delivery Mode:	Face to face	
Course Type and Level:	Selective			
Instructor's Title, Name, and Surname		Course Hours	Office Hours	Contact
Assist. Prof. Dr. Çağrı UTKAN		3	It will be shared by the course instructor.	cagriutkan@ca g.edu.tr
Course Coordinator:	Assist. Prof. Dr. Çağrı UTKAN			
Course Objectives				
Course Learning Outcomes	Upon successful completion of this course, the student will be able to;		Relations	
			Program Outcomes	Net Contribution
	1	Defines basic psychological theories.	2, 4, 9	5, 5, 4
	2	Explains the concepts and principles of basic psychological theories.	2, 4, 9	5, 5, 4
	3	Explains the relationships between psychological theories.	2, 4, 9	5, 5, 4
	4	Define the basic theories of psychology.	2, 4, 9	5, 5, 4
	5	Explains the contributions and different aspects of psychological theories to each other.	2, 4, 9	5, 5, 4
	6	Examines psychological theories from a critical perspective.	2, 4, 9	5, 5, 4
7				
Course Content:		The aim of this course is to introduce the theories that form the basis of psychology to students who take scientific preparation courses within the scope of graduate education.		
		Within the scope of this course, information about different theories and theorists from past to present and the perspectives of psychological theories on human nature will be presented to students.		
Course Schedule (Weekly Plan)				
Week	Topic		Preparation	Teaching Methods and Techniques
1	Introduction, sharing course content and process			Presentation and Discussion
2	Introduction to Psychological Theories		Chapter 1*, Chapter 1**	Presentation and Discussion
3	Sigmund Freud and Psychoanalysis		Chapter 2*, Chapter 2**	Presentation and Discussion
4	Alfred Adler and Individual Psychology		Chapter 2*, Chapter 4**	Presentation and Discussion
5	Carl Gustav Jung and Analytical Psychology		Chapter 2*	Presentation and Discussion
6	Karen Horney and the Neuroses		Chapter 2*	Presentation and Discussion
7	Behaviorism In Psychology		Chapter 3*, Chapter 8**	Presentation and Discussion

8	Midterm Exam		
9	Midterm Exam		
10	Cognitive Theories	Chapter 3*, Chapter 9-10**	Presentation and Discussion
11	Humanistic Psychology	Chapter 5*, Chapter 5**	Presentation and Discussion
12	Fritz Pearl and Gestalt Theory	Chapter 7**	Presentation and Discussion
13	Systemic Theory	Chapter 14**	Presentation and Discussion
14	Existential Theory	Chapter 5*, Chapter 6**	Presentation and Discussion
15	Positive Psychology	Chapter 18**	Presentation and Discussion
16	Comparison of basic psychology theories	Chapter 3*, Chapter 9-10**	Presentation and Discussion
17	Final Exam		
18	Final Exam		

#### Course Resources

<b>Textbook:</b>	Yazgan İnanç, Yerlikaya, E. E. (2023). Kişilik Kuramları. Ankara: Pegem Akademi Yayıncılık.*  İbrahimli, H., Koç, A. Ş., İbrahimli, İ. (2025). Psikolojide Ana Kuramlar. Ankara: Nobel Akademik Yayıncılık.
<b>Recommended References:</b>	Karataş, Z. K., Yavuzer, Y. (2018). Psikolojik Danışma ve Psikoterapi Kuramları. Ankara: Pegem Akademi Yayıncılık.**

#### Course Assessment and Evaluation

Activities	Number	Percentile	Notes
Midterm Exam	1	40%	Test
Project	-	-	-
Assignment	-	-	-
Presentation	-	-	-
Portfolio	-	-	-
Final	1	60%	Test

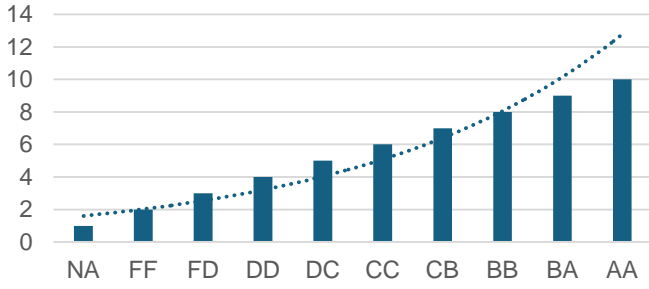
#### ECTS Table

Content	Number	Hours	Total
Course Duration	14	3	42
Out-of-Class Study	14	3	42
Assignment	14	5	70
Presentation	-	-	-
Project	-	-	-
Midterm Exam (Midterm Exam Duration + Midterm Exam Preparation)	1	40	40
Final Exam (Final Exam Duration + Final Exam Preparation)	1	46	46
<b>Total:</b>			<b>240</b>
<b>Total / 30:</b>			<b>240/30=8</b>
<b>ECTS Credit:</b>			<b>8</b>

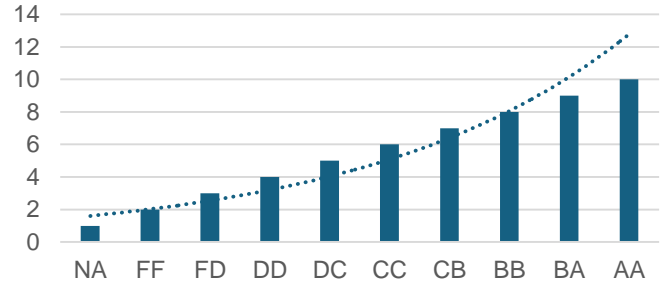


## Past Term Achievements

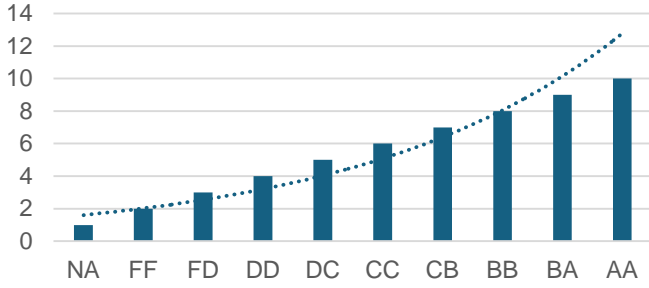
2024-2025 Fall Semester  
Course Code and Name



2024-2025 Spring Semester  
Course Code and Name



2025-2026 Fall Semester  
Course Code and Name



2025-2026 Spring Semester  
Course Code and Name

