

## SYLLABUS

| SYLLABUS  |   |                                |                          |           |  |                   |                             |                     |  |
|---|---|--------------------------------|--------------------------|-----------|--|-------------------|-----------------------------|---------------------|--|
| Vocational School, Social Services Program                                |   |                                |                          |           |  |                   |                             |                     |  |
| Cou   | rse Code  | Co                             |                          | Credit    |  | ECTS Value        |                             |                     |  |
| SHP2  | 20  | Human Beha<br>Env              | 2                        | 2 (2-0-2) |  | 5                 |                             |                     |  |
| Prere<br>Cours  | quisite<br>ses  | None                           |                          |           |  |                   |                             |                     |  |
| Cours<br>Lange  |   | Turkish Course Deli Method:    |                          |           |  | <b>ery</b> Online |                             |                     |  |
| Cours   | se Type<br>Level  | Type Flective/2nd Vear/ Spring |                          |           |  |                   |                             |                     |  |
| Instructor's Title, Name and<br>Surname<br>Title,First Name and Last Name |   |                                | Course H                 | Office    | Office Hours                                 |                   | Contact                     |                     |  |
| Lecturer İlhan KARMUTOĞLU   |   |                                | Wednesday 10<br>11:05-11 |           | office Hours: Tuesday<br>& Friday10:00–16:30 |                   | ilhansavasan@cag.edu.t<br>r |                     |  |
| Course Lecturer İlhan KARMUTOĞLU  |   |                                |                          |           |  |                   |                             |                     |  |
| Course Objective  |   |                                |                          |           |  |                   |                             |                     |  |
|   |   |                                |                          |           |  |                   | Relationships               |                     |  |
| <b>20</b>   | Upon successful completion of this course, the student will be able to; |                                |                          |           |  |                   | Program<br>Outcomes         | Net<br>Contributors |  |
| omes  | Distinguish and relate biological, psychological, and social            |                                |                          |           |  |                   | 1,4,8                       | 5                   |  |

|           |          |  | Relationships       |                     |  |  |
|-----------|----------|--|---------------------|---------------------|--|--|
| <b>20</b> | Upon suc | cessful completion of this course, the student will be able to;  | Program<br>Outcomes | Net<br>Contributors |  |  |
| Outcomes  | 1        | Distinguish and relate biological, psychological, and social factors, and apply solutions through case examples. | 1,4,8               | 5                   |  |  |
|           | 2        | Identify, classify, and explain developmental characteristics at different life stages with examples.            | 1,2                 | 4                   |  |  |
| Learning  | 3        | Critically discuss the impact of family, culture, community, and institutions on individual behavior.            | 5,6,8               | 5                   |  |  |
|           | 4        | Propose appropriate solutions in case analyses by applying ecological systems theory and other approaches.       | 1,4,9               | 4                   |  |  |
| Course    | 5        | Design new intervention and prevention strategies in social work penvironment integrity.                         | 4,5,9               | 5                   |  |  |
|           | 6        |  |                     |                     |  |  |
|           | 7        |  |                     |                     |  |  |

## Course Content:

This course covers fundamental concepts and theoretical approaches explaining human behavior; the effects of biological, psychological, social, and cultural factors on individuals; examination of developmental processes throughout the life cycle (childhood, adolescence, adulthood, old age); ecological systems theory and other contemporary models explaining the person–environment interaction; the role of family, community, culture, institutions, and socioeconomic structure in human behavior; concepts of stress, trauma, and resilience; the relationship of social change and social issues (poverty, migration, disability, gender inequality, etc.) with human behavior; and intervention and prevention approaches in social work practices based on the principle of person–environment integrity.

## **Course Content: (Weekly Course Plan)**

| Week | Торіс                                     | Preparation                               | Teaching Methods and<br>Techniques       |
|------|---|---|--|
| 1    | Introduction, sharing course expectations | Write a short bio and course expectations | Lecture, mutual introduction, discussion |



| 2                     |  | Human Behavior<br>nent: Key Conce <sub>l</sub><br>lopment |                    |           | Short reading on the topic                                   |                                    | Lecture, Q&A             |  |
|-----------------------|--|---|--------------------|-----------|--|------------------------------------|--------------------------|--|
| 3                     | Biopsychosocial Approach: Biological, Psychological, and Social Factors  |   |                    | C         |  |                                    | analysis, discussion     |  |
| 4                     | Developmental Theories I: Psychoanaly and Behavioral Approaches  |   |                    | ytic Pr   | Prepare a summary of theories                                |                                    | Lecture                  |  |
| 5                     | Developmental Theories II: Cognitive an  |   |                    | nd -      |  | Com                                | parative discussion      |  |
| 6                     | Life Cycle: Childhood and Adolescence  |   |                    |           | ind case examples<br>from<br>ildhood/adolescence             | parative discussion                |                          |  |
| 7                     | Life Cycle: Adu  | Ithood and Old A  | ge                 |           | esearch examples of adulthood/old age                        | parative discussion                |                          |  |
| 8                     | Midterm Exam   |   |                    |           | -  | -                                  |                          |  |
| 9                     | Midterm Exam   |   |                    |           | -  | -                                  |                          |  |
| 10                    | Social Environr<br>Community, an   | nent Elements: F<br>d Social Institutio                   | amily,<br>ns       |           | repare observation<br>notes on social<br>avironment elements | Group discussion, case analysis    |                          |  |
| 11                    | Structure on Hu  |   |                    | cu        | Find examples of<br>ltural/socioeconomic<br>differences      | Lecture, discussion, brainstorming |                          |  |
| 12                    | Ecological Syst  | ems Theory and  | Applica            |           | ead an article on the<br>eory                                | Case ar                            | nalysis, practical study |  |
| 13                    | Stress, Trauma, and Resilience: Theore and Practical Approaches  |   |                    |           | Research current cases/examples                              | Discussion, case analysis          |                          |  |
| 14                    | Current Resear   | ch on Human Be<br>ronment I                               | n Behavior and     |           | Review a current article                                     | Le                                 | cture, discussion        |  |
| 15                    | Current Resear<br>the Social Envi  |   | Human Behavior and |           | Review a current article                                     | Le                                 | cture, discussion        |  |
| 16                    |  | nment Integrity and<br>ethods in Social Work              |                    | in        | Prepare example tervention strategies                        | Le                                 | cture, discussion        |  |
| 17                    | Intervention Methods in Social Work Final Exam   |   |                    |           | -  | -                                  |                          |  |
| 18                    | Final Exam   |   |                    |           | -  | -                                  |                          |  |
|                       |  |   |                    | Course Re | esources   |                                    |                          |  |
| Textboo               | Human Behavior and the Social Environment – I / Infancy–Childhood– Adolescence Charles Zastrow – Karen K. Krist-Ashman |   |                    |           |  |                                    |                          |  |
| Recommended Resources |  |   |                    |           |  |                                    |                          |  |
|                       |  | (   | Course             | Assessmen | t and Evaluation   |                                    |                          |  |
| A                     | Activities   | Number  | Con                | tribution |  | Notes                              |                          |  |
| Midterm Exam          |  | 1   | 30%                |           | Written Exam   |                                    |                          |  |
| Pop Quiz              |  | 1   | 10%                |           | Written Quiz   |                                    |                          |  |
| Final Exam 1 60%      |  |   |                    | 60%       | Written Exam   |                                    |                          |  |
| ECTS Table            |  |   |                    |           |  |                                    |                          |  |
| Content Number        |  |   |                    |           | Hours  |                                    | Total                    |  |
| Class Hours 14        |  |   |                    | 14        | 2  |                                    | 28                       |  |
| Out-of-Class Study 14 |  |   |                    | 14        | 3  | 42                                 |                          |  |
|                       |  |   |                    |           |  |                                    |                          |  |



| Pop Quiz                             | 1   | 15 | 15 |  |  |
|--------------------------------------|-----|----|----|--|--|
| Midterm (Exam Time + Preparation)    | 1   | 20 | 20 |  |  |
| Final Exam (Exam Time + Preparation) | 1   | 30 | 30 |  |  |
|                                      | 135 |    |    |  |  |
| Total / 30: 4,5                      |     |    |    |  |  |
| ECTS Credit: 5                       |     |    |    |  |  |
| Previous Term Achievements           |     |    |    |  |  |

